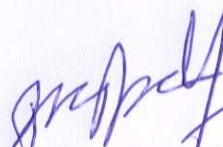


ATTENDANCE SHEET OF THE NISR STAFF FOR THE MONTH OF JANUARY 2023

TEACHING STAFF NISR LEH																																			
MONTH		JANUARY ATTENDANCE 2023																																	
YEAR		2023																																	
S.No.	Name of the Employee	Designation	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	total present	total leave without pay
1	Dr Tsewang Dolma	RA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
2	Dr Tashi Stobgais	Sr Consultant	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
3	Dr Nawang Tangyas	Associate Prof.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
4	Dr Rigzen Smanla	Asstt. Prof.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
5	Dr Tsewan Dhondup	Prog. Asstt.	LWP	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	30	1	
6	Dr Thinlay Namgail	Asstt. Prof.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
7	Dr Tenzin Tsoknyi	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
8	Dr Stanzin Dolker	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
LWP=Leave without Pay																																			

HOSPITAL STAFF JANUARY 2023																																			
S.No.	Name of the Employee	Designation	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	total present	total leave without pay
1	Dr Padma Gurmet	Superintendent	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
2	Dr Stanzin Dolker	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
3	Dr.Tenzin Tsoknyi	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
4	Sh Rinchen Tundup	Admin. Staff	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
5	Sh Thukjay Stobgais	Las-nGa Asstt.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
6	Ms. Chemat Dolker	MTS	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
7	Sh.Stanzi Tsega	Pharmacist	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
8	Sh.Tseing Dorjay	Store Keeper	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
9	Sh.Tashi Nurbo	Supervisor	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
10	Ms.Tsering Dolkar	Peon	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
11	Sh.Tseing Sangdrup	Sec. Guard	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	

NON-TEACHING STAFF JANUARY 2023																																			
S.No.	Name of the Employee	Designation	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	total present	total leave without pay
1	Dr.Padma Gurmet	Director	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
2	Mr.Tsewang Thinlas	Steno	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
3	Sh.Sonam Morup	Acctt. Const.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
4	Ms.Tundup Tsomo	OA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	18	13	
5	Ms.Stanzin Dawa	Hindi Asstt.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
6	Ms.Tseing Diskit	Worker	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	
7	Mr Dawa Tsering	Driver	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0	


(Dr. Padma Gurmet)

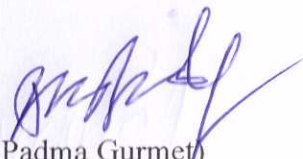
निदेशक NISR Director
राष्ट्रीय सोवा रिग्पा संस्थान
National Institute of Sowa Rigpa
आयुष मंत्रालय लेह (भारत सरकार)
Ministry of Ayush (Govt. of India)
लेह (यू.टी. लद्दाख)
Leh - (U.T. Ladakh)

ATTENDANCE SHEET OF THE NISR STAFF FOR THE MONTH OF FEBRUARY 2023

TEACHING STAFF NISR LEH																																
MONTH		FEBRUARY ATTENDANCE 2023																														
YEAR		2023																														
S.No.	Name of the Employee	Designation	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	total present	total leave without pay
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		
1	Dr Tsewang Dolma	RA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
2	Dr Tashi Stobgais	Sr Consultant	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
3	Dr Nawang Tangyas	Associate Prof.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
4	Dr Rigzen Smanla	Asstt. Prof.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
5	Dr Tsewan Dhondup	Prog. Asstt.	LWP	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	27	1	
6	Dr Thinlay Namgail	Asstt. Prof.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
7	Dr Tenzin Tsoknyi	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
8	Dr Stanzin Dolker	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
LWP=Leave without Pay																																

HOSPITAL STAFF FEBRUARY 2023																																	
S.No.	Name of the Employee	Designation	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	total present	total leave without pay	
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
1	Dr Padma Gurmet	Superintendent	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0	
2	Dr Stanzin Dolkar	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0	
3	Dr Tenzin Tsoknyi	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0	
4	Sh Rinchen Tundup	Admin. Staff	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0	
5	Sh Thukjay Stobgais	Las-n-Ga Asstt.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0	
6	Ms Chemat Dolker	MTS	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0	
7	Sh Stanzi Tsega	Pharmacist	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	LWP	LWP	26	2
8	Sh Tseing Dorjay	Store Keeper	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0	
9	Sh Tashi Nurbo	Supervisor	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0	
10	Ms Tsering Dolkar	Peon	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0	
11	Sh Tseing Sangdrup	Sec. Guard	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0	

NON-TEACHING STAFF FEBRUARY 2023																																
S.No.	Name of the Employee	Designation	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	total present	total leave without pay
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		
1	Dr Padma Gurmet	Director	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
2	Mr Tsewang Thinlas	Steno	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
3	Sh Sonam Morup	Acctt. Const.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
4	Ms Tundup Tsomo	OA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	LWP	27	1
5	Ms Stanzin Dawa	Hindi Asstt.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
6	Ms Tseing Diskit	Worker	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	28	0
7	Mr Dawa Tsering	Driver	P	P	LWP	LWP	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	26	2


(Dr. Padma Gurmet)

NISR Director
निदेशक/ Director
राष्ट्रीय सोवा रिग्पा संस्थान
National Institute of Sowa Rigpa
आयुष मंत्रालय लेह (भारत सरकार)
Ministry of Ayush (Govt. of India)
लेह (पू.टी. लद्दाख)
Leh - (U.T. Ladakh)

ATTENDANCE SHEET OF THE NISR STAFF FOR THE MONTH OF MARCH 2023

TEACHING STAFF NISR LEH																																			
MONTH	MARCH ATTENDANCE 2023																																		
YEAR	2023																																		
S.No.	Name of the Employee	Designation	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	total present	total leave without pay
1	Dr. Tsewang Dolma	RA	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
2	Dr. Tashi Stobgais	Sr Consultant	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
3	Dr. Nawang Tangyas	Associate Prof.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
4	Dr. Rigzen Smanla	Asstt. Prof.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
5	Dr. Tsewan Dhondup	Prog. Asstt.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
6	Dr. Thinlay Namgail	Asstt. Prof.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
7	Dr. Tenzin Tsoknyi	Medical Officer	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
8	Dr. Stanzin Dolker	Medical Officer	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
LWP=Leave without Pay																																			
HOSPITAL STAFF MARCH 2023																																			
S.No.	Name of the Employee	Designation	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	total present	total leave without pay
1	Dr. Padma Gurmet	Superintendent	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
2	Dr. Stanzin Dolker	Medical Officer	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
3	Dr. Tenzin Tsoknyi	Medical Officer	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
4	Sh. Rinchen Tundup	Admin. Staff	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
5	Sh. Thukjey Stobgais	Las-nGa Asstt.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
6	Ms. Chemat Dolker	MTS	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
7	Sh. Stanzi Tsega	Pharmacist	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
8	Sh. Tseing Dorjay	Store Keeper	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
9	Sh. Tashi Nurbo	Supervisor	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
10	Ms. Tsering Dolker	Peon	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
11	Sh. Tseing Sangdrup	Sec. Guard	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
NON-TEACHING STAFF MARCH 2023																																			
S.No.	Name of the Employee	Designation	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	total present	total leave without pay
1	Dr. Padma Gurmet	Director	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
2	Mr. Tsewang Thinlas	Steno	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
3	Sh. Sonam Morup	Acctt. Const.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
4	Ms. Tundup Tsomo	OA	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
5	Ms. Stanzin Dawa	Hindi Asstt.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
6	Ms. Tseing Diskit	Worker	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
7	Mr. Dawa Tsering	Driver	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0

(Signature)
(Dr. Padma Gurmet)

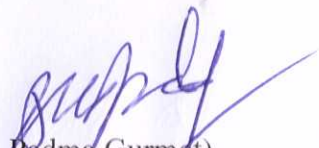
NISR Director
 राष्ट्रीय सोवा रिग्पा संस्थान
 National Institute of Sowa Rigpa
 आयुष मंत्रालय लेह (भारत सरकार)
 Ministry of Ayush (Govt. of India)
 लेह (यू.टी. लद्दाख)
 Leh - (U.T. Ladakh)

ATTENDANCE SHEET OF THE NISR STAFF FOR THE MONTH OF APRIL 2023

TEACHING STAFF NISR LEH																																			
MONTH	APRIL ATTENDANCE 2023																														total present	total leave without pay			
YEAR	2023																																		
S.No.	Name of the Employee	Designation	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN			
1	Dr. Tsewang Dolma	RA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	20	0
2	Dr. Tashi Stobgais	Sr Consultant	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	30	0
3	Dr. Nawang Tangyas	Associate Prof.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	30	0	
4	Dr. Rigzen Smanla	Asstt. Prof.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	30	0	
5	Dr. Tsewan Dhondup	Prog. Asstt.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	30	0	
6	Dr. Thinlay Namgail	Asstt. Prof.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	30	0	
7	Dr. Tenzin Tsoknyi	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	30	0	
8	Dr. Stanzin Dolker	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	30	0	
LWP=Leave without Pay																																			

HOSPITAL STAFF APRIL 2023																																		
S.No.	Name of the Employee	Designation	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN		
1	Dr. Padma Gurmet	Superintendent	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
2	Dr. Stanzin Dolkar	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
3	Dr. Tenzin Tsoknyi	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
4	Sh. Rinchen Tundup	Admin. Staff	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
5	Sh. Thukjaj Stobgais	Las-nGa Asstt.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
6	Ms. Chemat Dolker	MTS	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
7	Sh. Stanzi Tsega	Pharmacist	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
8	Sh. Tseing Dorjay	Store Keeper	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
9	Sh. Tashi Nurbo	Supervisor	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
10	Ms. Tsering Dolkar	Peon	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
11	Sh. Tseing Sangdrup	Sec. Guard	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0

NON-TEACHING STAFF APRIL 2023																																		
S.No.	Name of the Employee	Designation	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN		
1	Dr. Padma Gurmet	Director	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
2	Mr. Tsewang Thinlas	Steno	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
3	Sh. Sonam Morup	Acctt. Const.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
4	Ms. Tundup Tsomo	OA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
5	Ms. Stanzin Dawa	Hindi Asstt.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
6	Ms. Tseing Diskit	Worker	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
7	Mr. Dawa Tsering	Driver	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0


 (Dr. Padma Gurmet)

NISR Director
 निदेशक/ Director
 राष्ट्रीय सोवा रिग्पा संस्थान
 National Institute of Sowa Rigpa
 आर्युष मंत्रालय लेह (भारत सरकार)
 Ministry of Ayush (Govt. of India)
 लेह (यू.टी. लद्दाख)
 Leh - (U.T. Ladakh)

ATTENDANCE SHEET OF THE NISR STAFF FOR THE MONTH OF MAY 2023

TEACHING STAFF NISR LEH																																			
MONTH		MAY ATTENDANCE 2023																																	
YEAR		2023																																	
S.No.	Name of the Employee	Designation	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	total present	total leave without pay
1	Dr Tsewang Dolma	RA	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	0	0
2	Dr.Tashi Stobgais	Sr Consultant	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
3	Dr Nawang Tangyas	Associate Prof.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
4	Dr.Rigzen Smanla	Asstt. Prof.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
5	Dr Tsewan Dhondup	Prog. Asstt.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
6	Dr.Thinlay Namgail	Asstt. Prof.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0
7	Dr.Tenzin Tsoknyi	Medical Officer	p	p	p	p	p	p	p	p	p	p	p	p	p	p	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	14	1
8	Dr.Stanzin Dolker	Medical Officer	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0

LWP=Leave without Pay

HOSPITAL STAFF MAY 2023

S.No.	Name of the Employee	Designation	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	total present	total leave without pay
1	Dr.Padma Gurmet	Superintendent	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
2	Dr. Stanzin Dolkar	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
3	Dr. Tenzin Tsoknyi	Medical Officer	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
4	Sh. Rinchen Tundup	Admin. Staff	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
5	Sh. Thukjay Stobgais	Las-nGa Asstt.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
6	Ms. Chemat Dolker	MTS	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
7	Sh.Stanzi Tsega	Pharmacist	LW	LW	LW	LW	LWP	LW	p	LW	LW	LW	LW	p	p	p	p	p	p	p	p	p	p	p	p	p	22	9
8	Sh. Tseing Dorjay	Store Keeper	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
9	Sh. Tashi Nurbo	Supervisor	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
10	Ms. Tsering Dolkar	Peon	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
11	Sh. Tseing Sangdrup	Sec. Guard	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0

NON-TEACHING STAFF MAY 2023

S.No.	Name of the Employee	Designation	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	total present	total leave without pay
1	Dr.Padma Gurmet	Director	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
2	Mr Tsewang Thinlas	Steno	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
3	Sh.Sonam Morup	Acctt. Consultant	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
4	Ms.Tundup Tsomo	OA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
5	Ms Stanzin Dawa	Hindi Asstt.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
6	Ms.Tseing Diskit	Worker	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0
7	Mr.Dawa Tsering	Driver	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	31	0

(Signature)
(Dr. Padma Gurmet)

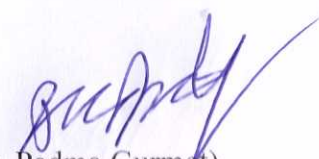
निदेशक/ Director
राष्ट्रीय NISR Director's थान
National Institute of Sowa Rigpa
आयुष मंत्रालय लेह (भारत सरकार)
Ministry of Ayush (Govt. of India)
लेह (श्री. लददाख)
Leh - (U.T. Ladakh)

ATTENDANCE SHEET OF THE NISR STAFF FOR THE MONTH OF JUNE 2023

TEACHING STAFF NISR LEH																																		
MONTH	JUNE ATTENDANCE 2023																														total present	total leave without pay		
	YEAR	THR	FRI	SAT	SUN	MON	TUE	WED	THR	FRI	SAT	SUN	MON	TUE	WED	THR	FRI	SAT	SUN	MON	TUE	WED	THR	FRI	SAT	SUN	MON	TUE	WED	THR			FRI	
S.No.	Name of the Employee	Designation	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
1	Dr Tsewang Dolma	RA	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	0	0
2	Dr Tashi Stobgais	Sr Consultant	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	30	0	
3	Dr Nawang Tangyas	Associate Prof.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	30	0	
4	Dr Rigzen Smanla	Asstt. Prof.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	30	0	
5	Dr Tsewan Dhondup	Prog. Asstt.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	30	0	
6	Dr Thinlay Namgail	Asstt. Prof.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	30	0	
7	Dr Tenzin Tsoknyi	Medical Officer	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	LWP	21	9	
8	Dr Stanzin Dolker	Medical Officer	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	30	0	
LWP=Leave without pay																																		

HOSPITAL STAFF JUNE 2023																																		
S.No.	Name of the Employee	Designation	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	total present	total leave without pay
			THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI		
1	Dr Padma Gurmet	Superintendent	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
2	Dr Stanzin Dolkar	Medical Officer	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
3	Dr Tenzin Tsoknyi	Medical Officer	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
4	Sh Rinchen Tundup	Admin. Staff	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
5	Sh Thukjaj Stobgais	Las-nGa Asstt.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
6	Ms Chemat Dolker	MTS	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
7	Sh Stanzi Tsega	Pharmacist	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
8	Sh Tseing Dorjay	Store Keeper	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
9	Sh Tashi Nurbo	Supervisor	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
10	Ms Tsering Dolkar	Peon	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
11	Sh Tseing Sangdrup	Sec. Guard	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	

NON-TEACHING STAFF JUNE 2023																																		
S.No.	Name of the Employee	Designation	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	total present	total leave without pay
			THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI	SAT	SUN	MON	TUE	WED	THRU	FRI		
1	Dr Padma Gurmet	Director	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
2	Mr Tsewang Thinlas	Steno	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
3	Sh Sonam Morup	Acctt. Const.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
4	Ms Tundup Tsomo	OA	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
5	Ms Stanzin Dawa	Hindi Asstt.	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
6	Ms Tseing Diskit	Worker	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	
7	Mr Dawa Tsering	Driver	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	p	31	0	


(Dr. Padma Gurmet)

निदेशक / Director
NISR Director
राष्ट्रीय सोवा रिग्पा संस्थान
National Institute of Sowa Rigpa
आयुष मंत्रालय लेह (भारत सरकार)
Ministry of Ayush (Govt. of India)
लेह (यू.टी. लद्दाख)
Leh - (U.T. Ladakh)